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 \$5 (low-income) \$10 (middle income) or \$25 (over \$35K) or \$100 LIFETIME membership *Thanks!*

PRODUCTS – UPDATED JAN. 2010	Qty/Count	Price/Unit	Qty	Cost
1. 5-HTP <i>Jarrow</i>	100 mg/60c	16.50		
2. Acetylcarnitine <i>Montiff</i>	500 mg/90c	15.50		
3. Acetylcarnitine/Biosint <i>Jarrow</i>	500 mg/120vc	23.00		
ACIDOPHILUS <i>See Bifidus Balance, Jarrodophilus</i>				
4. Added Protection Multivitamin (with Iron) <i>Douglas Labs</i>	180t	19.25		
5. Added Protection Multivitamin (NO Iron) <i>Douglas Labs</i>	180t	19.25		
6. Adrenal Cortex <i>ARG</i>	250 mg/100c	15.00		
7. New! AI#3 caps <i>Zhang</i>	50c	24.25		
8. Allicin <i>Tai He/Zhang</i>	130 mg/60c	28.00		
9. Arginine <i>Jarrow</i>	1000 mg/100t	10.50		
10. New! Artemisiae caps <i>Zhang</i>	100c	21.50		
11. Astragalus <i>MMS Pro</i>	100c	7.25		
12. B Right <i>Jarrow</i>	100c	8.75		
13. B6: Pyridoxal-5'-Phosphate (Vitamin B6) <i>Douglas Labs</i>	50 mg/100t	10.00		
14. B12 – Methylcobalamin <i>Jarrow</i>	1000 mcg/100	7.50		
15. Bags, Ziploc	100	5.00		
16. Berry High Organic <i>Jarrow</i>	8.5oz (240g)	18.75		
17. Beta Glucan <i>Jarrow</i>	250 mg/60c	23.50		
18. Bifidus Balance <i>Jarrow</i>	280 mg/100c	8.20		
19. New! Bioperine <i>ARG</i>	25 mg/60vc	10.40		
20. New! Bioperine <i>Source Nat</i>	10 mg/120t	5.85		
21. Biotin <i>Jarrow</i>	5000mcg/100c	9.50		
22. Bitter Melon <i>Tai He</i>	500 mg/100c	15.50		
23. Bone Up <i>Jarrow</i>	120 caps	9.50		
24. Borage GLA-240 <i>Jarrow</i>	240 mg/60sg	9.75		
25. New! Bromelain <i>Jarrow</i>	500 mg/60t	9.00		
26. Calcium Ascorbate, powdered vitamin C <i>Source Naturals</i>	8 oz	12.00		
27. C-Buffered (calcium ascorbate-500 mg, 250 mg bioflav) <i>Jarrow</i>	750 mg/100t	7.00		
28. C-Super C+OleaSelect <i>Jarrow</i>	1025 mg/250c	16.50		
29. Calcium w/400IU D3 <i>TwinLabs</i>	1000 mg/120t	11.75		
30. Calcium Blend, iron free <i>Super Nutrition</i>	90 veg tabt	12.25		
31. Calcium orotate <i>Adv Res</i>	500 mg/200t	43.00		
32. Cardio Edge (phytosterol blend) <i>Douglas Labs</i>	120 vcaps	27.50		
33. Carnitine tartrate <i>Jarrow</i>	500 mg/100c	24.75		
34. Carotenall (carotenoids) <i>Jarrow</i>	60sg	16.50		
35. New! Chlorella Yaeyama <i>Jarrow</i>	400 mg/150c	8.75		
36. Chromium GTF <i>Jarrow</i>	200 mcg/100c	4.25		
37. New! Circulation P <i>Zhang</i>	500 mg/45 c	20.50		
38. CLA – conjugated linoleic acid <i>Jarrow</i>	750 mg/90sg	11.70		
39. Clear Heat <i>Health Concerns</i>	750 mg/336t	25.00		
40. Coptis Purge Fire <i>Health Concerns</i>	90t	12.50		
41. Cordyceps PS <i>Health Concerns</i>	50t	13.00		
42. Cordyseng (cordyceps, ganoderma, etc.) <i>Hlth Cncrns</i>	60t	12.50		
43. CoQ10 Q Absorb <i>Jarrow</i>	30 mg/120sg	16.00		
44. CoQ10 Q Absorb <i>Jarrow</i>	100 mg/60sg	22.25		
45. CoQ10 Q <i>Jarrow</i>	200 mg/60sg	18.50		
46. New! Cold Away <i>Health Cncrns</i>	90t	10.50		
47. Creatine Monohy Pwdr <i>Jarrow</i>	1000g	20.00		
48. Creatine Surge <i>Jarrow</i>	908g	15.80		
49. Curcumin 95% <i>Jarrow</i>	500 mg/60c	8.50		
50. D3 400 IU <i>Jarrow</i>	400 IU/100sg	3.50		
51. D3 1000 IU <i>Jarrow</i>	1000 IU/100sg	4.70		
52. New! D3 2500 IU <i>Jarrow</i>	2500 IU/100sg	7.00		
53. DHEA <i>Allergy Res Group</i>	50 mg/60t	8.50		

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54. DMAE <i>Jarrow</i>	150 mg/100t	6.25		
55. E-400 <i>Jarrow</i>	400 IU/250sg	14.00		
56. E: Famil-E (mixed tocopherols/tocotrienols) <i>Jarrow</i>	60 sg	14.75		
57. Echinacea (<i>E. purpurea</i>) <i>MMS</i>	100c	7.75		
58. Ecliptex <i>Health Concerns</i>	270 t	25.75		
59. Eleuthero (formerly, "Siberian Ginseng") <i>MMS</i>	410 mg/100c	6.50		
60. Enhance <i>Health Concerns</i>	750 mg/420t	30.25		
ENZYMES <i>See Vegetarian (Plant) Enzymes</i>				
61. Essential Balance Caps <i>Jarrow</i>	1,000 mg/120	10.25		
62. Evening Primrose Oil/Super <i>Jarrow</i>	1300 mg/60sg	8.50		
63. Evening Primrose Oil <i>Jarrow</i>	507 mg/250sg	13.50		
FISH OIL <i>See ProOmega, Max DHA</i>				
64. Fermented Soy <i>Jarrow</i>	16 oz.	14.25		
65. Flaxseed Oil <i>Jarrow</i>	1000 mg/100sg	6.25		
66. Flaxseed Oil <i>Jarrow</i>	1000 mg/200sg	10.00		
FLORASTOR <i>See Saccharomyces boulardii</i>				
67. Folic Acid <i>Douglas Labs</i>	400 mcg/90t	4.75		
68. Garlicin Pro <i>MMS Pro</i>	350 mg/100t	13.50		
GARLIC <i>See Allicin, Garlicin Pro</i>				
69. Ginger Root 6:1 <i>Jarrow</i>	500 mg/100c	6.50		
70. Ginkgo-D <i>MMS Pro</i>	60 mg/90t	29.00		
71. New! GI Tract Gastro Reg <i>Pac Biologics</i> (was DigestEase)	60t	8.75		
72. New! GL-2 (glycyrrhizin) <i>Zhang</i>	500 mg/60c	20.25		
73. Glucosamine and Chondroitin <i>Jarrow</i>	1550/1200 mg/120c	13.00		
74. Glucosamine 500/n-acetyl (NAG) <i>Jarrow</i>	750 mg/120c	14.00		
75. Glutamine Caps <i>Montiff</i>	500 mg/100c	8.75		
76. Glutamine Powder <i>NYBC</i>	1000 g	38.00		
77. Glutathione <i>Jarrow</i>	500 mg/60c	23.50		
78. Glycemic Balance <i>Jarrow</i>	20 oz.	14.75		
79. Gotu Kola <i>Douglas Labs</i>	200 mg/60vc	6.75		
80. Green Defense <i>Jarrow</i>	6.35 oz (180 g)	15.25		
81. Green Tea <i>Jarrow</i>	500 mg/100c	7.00		
82. New! Hemp Seed Protein Powder <i>Jarrow</i>	16 oz.	11.25		
83. New! Hepa F. No.1A <i>Zhang</i>	90 cap	18.20		
84. New! Hepa F. No.2 <i>Zhang</i>	500 mg/45 c	32.00		
85. Hepato C <i>Pacific Biologics</i>	650 mg/120vc	22.00		
86. Hepato Detox <i>Pacific Biologics</i>	500 mg/100vc	19.00		
87. Hepatoplex One <i>Hlth Cncrns</i>	270 t	26.75		
88. Hepatoplex Two <i>Hlth Cncrns</i>	270 t	26.75		
89. New! HH Capsules <i>Zhang</i>		20.25		
90. Horsechestnut Pro <i>MMS</i>	250 mg/90c	8.70		
91. Immuno-Gland-Plex <i>Allergy Research Group</i>	60 capsc	10.50		
92. Iron – Ferronyl <i>Douglas Labs</i>	9 mg/90t	4.00		
93. JarroDophilus Caps <i>Jarrow</i>	100c	9.50		
94. JarroDophilus EPS (Enhanced Probiotic System) <i>Jarrow</i>	60c	13.50		
95. New! UltraJarroDophilus	40 bn/60c	20.80		
96. JarroSil (was BioSil) <i>Jarrow</i>	30 ml	8.50		
97. New! JarroZymes <i>Jarrow</i>	100 cap	10.50		
98. New! JarroZymes Veg <i>Jarrow</i>	60 vcap	8.20		
99. New! Joint Builder <i>Jarrow</i>	120 t	15.20		
100. Lecithin <i>Douglas Labs</i>	1200 mg/100sg	6.45		
101. Lipoic Acid <i>Montiff</i>	300 mg/60c	15.00		
102. Lithium orotate <i>Adv Res</i>	120 mg/200t	13.00		
103. Liver PDF <i>Jarrow</i>	90t	17.25		
104. L-Lysine 500 <i>Jarrow</i>	500 mg/120c	5.85		

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105. Lutein Jarrow	20 mg/60sg	10.00		
106. MAC Pack Starter Kit: Added Protection, B12, P5P, ThioINAC, Acetylcarnitine	5 bottles (1 each)	62.00		
107. Magnesium Malate Source Natural	1250 mg/180t	9.00		
108. Magnesium Optimizer Jarrow	100 mg/100t	6.50		
109. Magnesium orotate Adv Res	500 mg/200t	41.00		
110. Marrow Plus Health Concerns	750 mg/270t	26.75		
111. Mastic Gum 500 Jarrow	500 mg/60c	16.25		
112. Max DHA (fish oil) Jarrow	607 mg/180sg	18.00		
113. Melatonin, orange flav subling, Source Natural	1 mg/100t	4.50		
114. Melatonin, sublingual, 3 mg Douglas Labs	3 mg/60sl	7.15		
115. Melatonin, orange sublingual, 5 mg Source Natural	5 mg/50t	7.35		
116. Milk Thistle (was Silymarin 80%) Jarrow	150 mg/200c	12.00		
117. Multi 1 to 3 without Iron Jarrow	100t	14.00		
MULTIVITAMINS See Added Protection, Multi 1-3, OptiPak Perfect Blend, Perfect Kids, Simply One SuperBlend, Ultra Preventive, Women's Blend				
118. Multi-Easy Powder Jarrow	330 g	15.25		
119. NAC (N-acetylcysteine) Montiff	500 mg/90c	11.25		
120. NAC Sustain Jarrow	600 mg/100t	12.00		
121. Naturamune (was Resist) Pacific Biologics	180vc	39.75		
122. PharmaNAC, effervescent NAC BioAdvantex	900 mg/20 wafers	14.50		
123. Niacin low dose Douglas Labs	100 mg/100t	2.50		
124. Niacin high dose (Niatab) Douglas Labs	500 mg/100t	6.50		
125. Nutrivir BioNexus	560g	26.00		
126. OPCs+95 (grapeseed) Jarrow	100c	17.55		
127. OptiPack (no iron) 30 pkts SuperNutrition	Daily packets, tab, sg	31.75		
128. OptiPack (no iron) Easy Swallow SuperNutrition	Daily packets, tab, sg	33.50		
129. OptiSel (selenium) AMNI	200 mcg/100t	3.95		
130. OptiZinc AMNI	30 mg/90c	5.25		
131. Pantethine Jarrow	300 mg/90sg	17.60		
132. Perfect Blend, Iron-Free multi Super Nutrition	240 tab	36.40		
133. Perfect Kids, multi Super Nutrition	100 tab	8.75		
134. New!! Pomegranate Jarrow	12 oz	10.00		
135. Pressure Optimizer Jarrow	60c	20.00		
136. ProOmega Nordic Naturals	1000 mg/180sg	54.00		
137. ProOmega Nordic Naturals	1000 mg/60sg	21.00		
138. ProGreens Nutricology	265 g powder	34.75		

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139. Quiet Digestion Hlth Cncrns	90 tabs	11.75		
140. Resveratrol 100 Jarrow	60 vcaps	12.25		
141. Resveratrol Synergy Jarrow	60 tabs	11.75		
142. Rosavin Ameriden	100 mg/60c	15.80		
143. SAC Boulardii Florastor Biocodex	250 mg/50c	35.00		
144. St. John's wort (known as Perika Pro) MMS Pro	300 mg/90t	14.75		
145. SAME 400 (S-adenosylmethionine) Jarrow	400 mg/30t	28.25		
146. Saw Palmetto Jarrow	320 mg/120sg	14.00		
147. Saw Palmetto (Ultra) with Pygeum Jarrow	202mg/60sg	13.00		
SIBERIAN GINSENG See Eleuthero				
148. Simply One Super Nutr.	30 tab	6.30		
149. SuperBlend (no iron) SuperNutrition	240 tab	50.00		
150. Taurine 1000 Jarrow	1000 mg/100c	7.60		
151. Theanine Serene Source Naturals	120 tab	16.25		
152. Think Clearly Super Nutrition	45 tab	8.80		
153. ThioINAC (200 mg lipoic acid, 500 mg NAC) NYBC	90 tabs	14.00		
154. Thymus ARG	75 caps	16.00		
155. Tryptophan Source Naturals	500 mg/30c	9.25		
156. Ultimate Balance, Natural Bioadvantex	2-pound	25.50		
157. Ultra Preventive Beta Douglas Labs	180 tabs	22.40		
158. Vegetarian (Plant) Enzymes Douglas Labs	60 tabs	9.50		
159. New! Venous PF Jarrow	90 tab	17.50		
160. Vinpocetine Jarrow	5 mg/100c	8.20		
161. ViraPhyite (was Spring Break) 1Tribe Herbs	180 g	65.00		
162. Whey Protein Natural / Vanilla / Carib. Choc. (circle one) Jarrow	908 g	21.00		
163. Women's Blend, Iron-Free multi Super Nutrition	180 tabs	26.50		
164. Zinc Balance Jarrow	15 mg/100c	4.75		
PRODUCT TOTAL:				
(CHOOSE ONE)		SHIPPING: \$9 UPS Ground \$20 3-Day		
		USPS Priority Mail - \$6.00		
ANNUAL DUES - \$5/\$10/\$25 or LIFETIME MEMBER - \$100				
TOTAL:				

T=tablets, C=capsules, VC=Veg. caps, SG=softgels

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